



**A NOTE FROM
 THE CEO**

Here we are, already nearing the end of 2023! Usually I take some time to look back and reflect on the outcomes achieved across the year as it winds to an end. Of course, I have done some reflecting over the year's progress, but this year, I'm anxiously anticipating 2024.

You see, there are big things awaiting Mirci in 2024. In 2022 we underwent an assessment of all of the Mirci facilities by evaluating their functional effectiveness; conducting an external analysis of safety and risk; and pursuing options to meet our functional needs and provide the utmost safety and comfort for our staff and patients.

We're thrilled to announce we have entered into a long-term lease for space in one of the medical park buildings on the MUSC (formerly Providence Hospital) campus. Upfitting of the space is underway, and we're eagerly anticipating a move that will combine our three clinic locations and the administrative office, all under the same roof! As we move into 2024, you know we'll be inviting our friends and supporters to a grand opening of our new digs.

In addition to the new clinic and office space, Mirci will begin development of a youth home for females age 17 to 22. The home will replicate the model of our male home which opened in October 2018. Over the past five years, the number of female youths who are literally unhoused or at risk of losing their housing has increased to over 40%. Our anticipation is to open the home before the end of 2024. And then we'll invite everyone to the grand opening of yet another facility!

I'm thrilled to share Mirci has been selected as the featured mental health agency for the 2024 Taste of the South. From the website of Taste of the South, "Today, the 13-state Taste of the South Committee remains a committed and focused volunteer group of 43 dedicated Southerners who make it their annual duty to share a taste of the South with Washington, DC while giving needed funds to organizations back in the states they will always call home. Taste of the South has raised over \$8

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million for 250 charities and has continuously delivered a measurable impact on the lives of people across the Southern states."

We'll be sharing more about the gala coming up July 27, 2024, and how you can support Mirci and the other southern charities on our website and social media in early 2024.

Y'all know I can't end the year without taking a little time to look back. 2023 has been a year of transitioning. We've transitioned to providing even more of our services in the natural community. Our state Medicaid agency added Assertive Community Treatment (ACT) as a bundled service with reimbursement beginning in July. And July was only the beginning, as Mirci and other providers will be working over a two-year period to implement and meet fidelity standards of the ACT model with our state's Department of Health and Human Services.

And most important, with your support, we've provided supportive housing and behavioral healthcare to over 300 individuals, families with children and unaccompanied youth this year. We've worked to uphold mental health and give access to quality health services for our most vulnerable neighbors.

From all of us at Mirci, thank you for your generous support. We wish you a holiday season filled with peace.

Julie Ann Avin
 Julie Ann Avin
 President & CEO

A MOTHER'S JOURNEY, IN HER OWN WORDS

Mirci client Kimberly Thomas decided to share her story with her case manager, Trinity Powell - and all of Mirci's friends and supporters.

Tell Me About Yourself:

I am 41 years old, and I am from Orangeburg, South Carolina. I have been engaged in MIRC services for one year now, and I was coming to MIRC because I want to get help for mental health and housing services. I enjoy going on walks, doing word searches, and watching movies. I am a mother of one child, and I love him dearly. I am bubbly, considerate, hard-working, and I think of others before I think of myself.

How did you get involved with MIRC services?

I was at the Transitions Shelter, and an outreach staff member was there and talked to me about MIRC services. He told me that they helped with mental health services and housing. He continued to work with me and became a helpful support. The outreach staff helped me get into services, and he got my doctor records as well. He was really helpful and provided great service to me.

How has your experience with MIRC been?

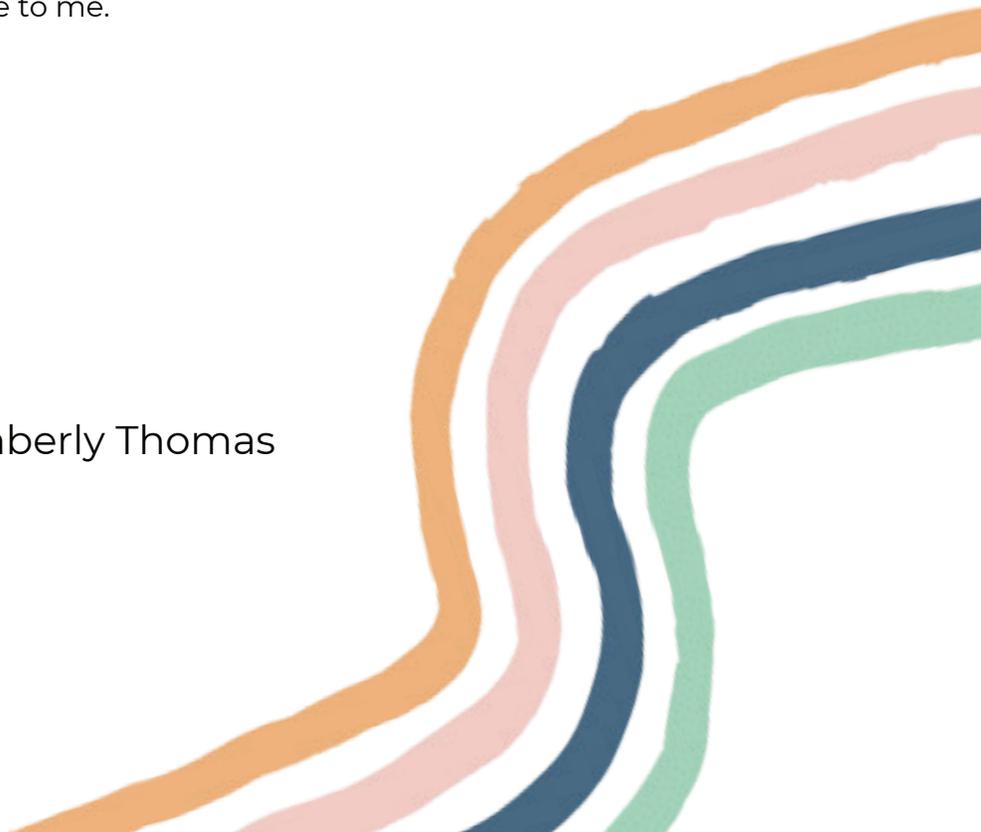
I have been with MIRC for one year. At first, for the first few times, I relapsed from drugs, and I admitted that relapse to the MIRC staff. I started to provide negative drug screens while in services, and I was staying away from drugs since I have been engaged in services. My mental health medication is helping me, and I also feel mentally stable now. My experience with my psychiatric provider is a good experience, and she makes sure I am doing okay. My experience with my case manager is a great experience. She challenges me to open up emotionally.

Are there any goals you are working toward that you'd like to share?

1. I would like to continue seeking jobs and figuring out my passion.
2. I want to continue maintaining my mental health. I want to be around people that make me happy, and that is why I want a customer service job.
3. I would like to focus on myself and my happiness.



Kimberly Thomas



Impact At-A-Glance

With psychiatric care, community-based behavioral healthcare, supportive housing, and an outpatient clinic, Mirci's mission is to continue providing wrap-around care to people in the Midlands experiencing the adverse effects of mental illness.

72%

Reduction in inpatient hospitalizations related to mental illness/substance use services during the year after enrollment.

66%

Reduction in emergency department visits due to mental illness or substance use.

75%

Reduction in visits due to schizophrenic disorder, the most common mental-illness related reason for emergency department use.

Psychiatric specialty inpatient hospitalizations dropped by **67%**.

The average length of all inpatient hospital stays dropped **51%**, from 14.8 to 7.2 days.

Emergency department visits dropped **35%** for physical illness and **40%** for physical injury.

These statistics resulted in \$5.6M fewer healthcare costs one year post-Mirci enrollment in 2022.

PLEASE CONSIDER AN END-OF-YEAR GIFT

Scan to Donate!



Whether you donate to Mirci online on GivingTuesday (the Tuesday after Thanksgiving, November 28) or at any point before the end of the calendar year, your donation will help Midlands residents who are navigating the emotional uncertainty of mental illness to find a way forward in 2024.

You can make your gift by mailing a check to:
Mirci, 1408 Gregg Street, Columbia, SC 29201
Or, you can use the link below or scan the QR code.

mirci.org/give

Tax information: Under IRC Section 170, individuals giving to a 501(c)3 organization that is a public charity (e.g. Mental Illness Recovery Center, Inc.) may deduct contributions representing up to 50% of the donor's adjusted gross income if the individual itemizes on his tax returns. Corporations may deduct all contributions to 501(c)3 organizations up to an amount normally equal to 10% of their taxable income.

MIRCI

MIRCI UPHOLDING
MENTAL HEALTH

Please Join Us

Merry MIRCI Holiday

NOVEMBER 30, 2023

6-8PM

THE LOFT AT COLUMBIA MUSEUM OF ART



Jazz, wine, food and friends.



SCAN ME

Purchase your tickets at: bidpal.net/merrymirci23